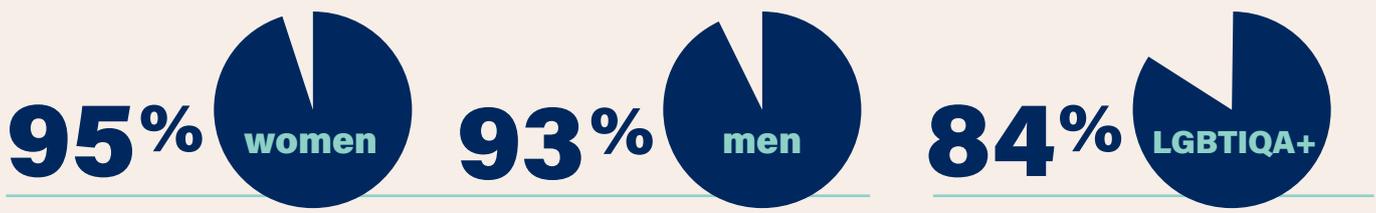


Men have a vital role in preventing violence against women

Most men in Australia believe everyone should be treated equally and with respect¹. And a lot of men don't support society's rigid, stereotypical ideas about how to be a man.²

But men continue to hold most of the power in our boardrooms, sporting clubs and political life and too many men use violence in their relationships. In fact, most of the violence perpetrated against women*, trans and gender diverse people, and men, is by men.

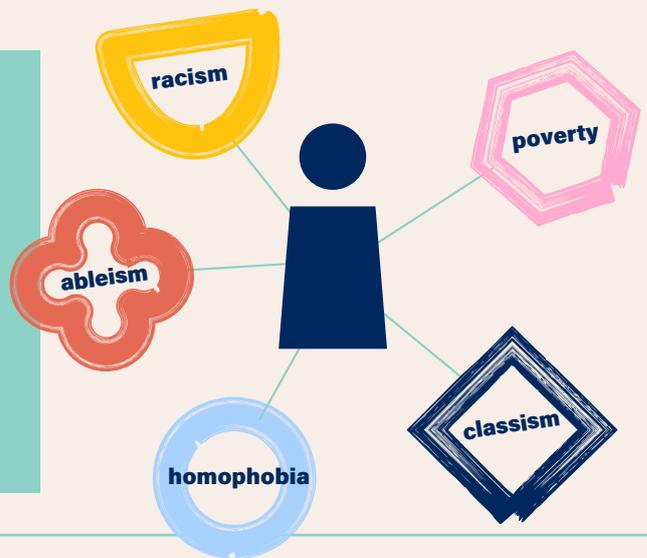


who have **experienced violence** since the age of 15 in Australia, experienced violence from a male perpetrator.³

of LGBTIQ+ people who have **experienced sexual assault**, experienced this violence from a cisgender man.⁴

Intersectional and accountable approaches

Work with men and boys must acknowledge people's different lived experiences and access to power and examine the social context that shapes these differences. Alongside our work with men and boys, we must elevate the voices of women, girls, and trans and gender diverse people so we stay accountable to the victims of men's violence.



1 Coumarelos, C., Weeks, N., Bernstein, S., Roberts, N., Honey, N., Minter, K., & Carlisle, E. (2023). *Attitudes matter: The 2021 national community attitudes towards violence against women survey (NCAS), findings for Australia*. (Research report 02/2023). ANROWS. Pg. 107.
2 The Men's Project & Flood, M. (2024). *The Man Box 2024: Re-examining what it means to be a man in Australia*. Melbourne: Jesuit Social Services. Pg. 10.
3 Our Watch calculation from Australian Bureau of Statistics (ABS) (2023). *Personal Safety Survey 2021-22*, ABS.
4 Hill, A. O., Bourne, A., McNair, R., Carman, M. & Lyons, A. (2020). *Private Lives 3: The health and wellbeing of LGBTIQ people in Australia*. ARCSHS Monograph Series No. 122. Melbourne, Australia: Australian Research Centre in Sex, Health and Society, La Trobe University. Pg. 76.
* This term includes all women, that is, anyone who identifies and lives as a woman, which includes cisgender and trans women.

How men and boys can be part of the solution

We can connect with men and boys at **all levels of society** to help them use their positions of power to help end violence against women.



Individual level

Foster positive attitudes and behaviours in men and boys, to:

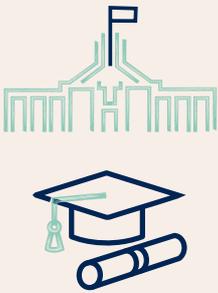
- undertake a more equal share of unpaid domestic labour
- call out sexism and disrespect when they see it.



Organisational and community level

Work with male leaders to:

- resource gender equity practices
- role model respectful and expansive ways to be a man.



System and institutional level

Equip men to promote and implement equitable policies and legislation, like:

- childcare reforms
- gender equity policies.



Societal level

Working with men to achieve longer-term societal changes, like:

- women and men holding equal positions in public leadership
- more expansive representations of men and masculinity in media.

This work is for everyone

For decades, preventing violence against women has been led by women. It's time for men to become active allies. Men's violence is not a 'women's issue,' it's a societal issue and all men can play a role in ending violence against women.



For more information,
see ourwatch.org.au