

Practitioner support guide

The five guiding principles in practice

PRACTITIONER REFLECTIONS VIDEO SERIES - CHAPTER 3

Purpose of the support guide

This is a supporting guide for the *Men in focus: Practitioner reflections* video series, Chapter 3. It provides practitioners with support to see how the five guiding principles look in practice. The guide includes:

1. Introduction to Chapter 3.
2. Activities and further reading on the five guiding principles in practice.
3. Supports available.



Men in focus evidence review

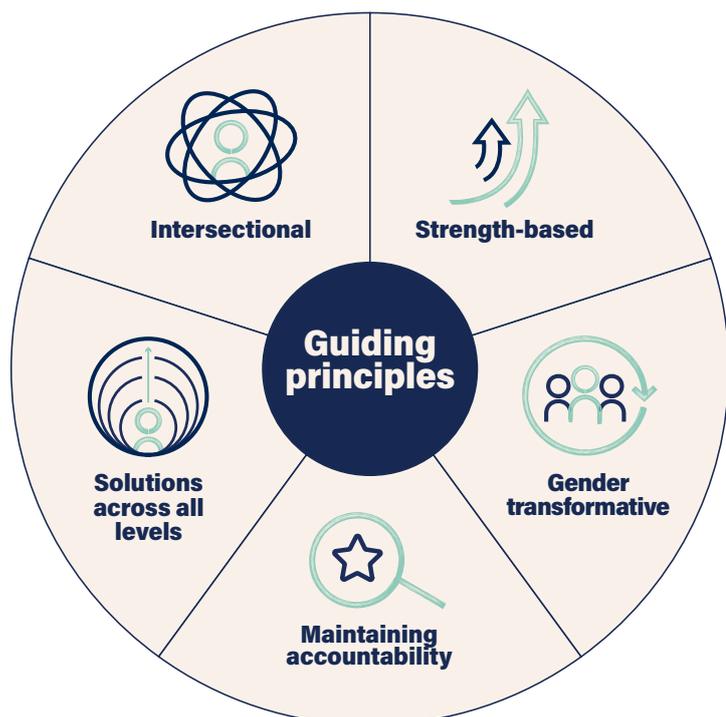
ourwatch.org.au/change-the-story/men-in-focus

About Chapter 3

This video is relevant to anyone working with men and boys and seeking to challenge and transform masculinities in the prevention of men's violence against women.

Chapter 3 features practitioners discussing what the five guiding principles mean to them. It is in five parts, one for each guiding principle.

The five guiding principles for working with men and addressing masculinities



CHAPTER 3

Activities for practitioners

See Our Watch's infographic *The five guiding principles for working with men and masculinities* for practitioners' reflections and examples of how the five guiding principles from Our Watch's *Men in focus practice guide: Addressing masculinities and working with men in the prevention of men's violence against women* (*Men in focus practice guide*) can be applied in practice.

Practitioners can also use the following activities to help align their practice to the five guiding principles.

Five guiding principles	Activities and further information
Intersectional approaches	<p>The male privilege and other forms of privilege checklists from Project Humanities invite reflection on how various forms of privilege and entitlement play out in day-to-day life. They also invite reflections on how different men and different people have different relationships to power and privilege. Complete this checklist and explore how structures and systems uphold these privileges and oppressions. See pages 86-88 of the Men in focus practice guide for more information.</p> <p>For further information see the following resources to help ensure your prevention work embeds approaches that address and challenge colonialism, ableism, homophobia and transphobia in addition to challenging and transforming sexism.</p> <ul style="list-style-type: none">■ Our Watch's Changing the landscape: A national resource to prevent violence against women and girls with disabilities■ Our Watch's Changing the picture: A national resource to prevent violence against Aboriginal and Torres Strait Islander women and their children.■ Rainbow Health Australia's Pride in Prevention: A guide to primary prevention of family violence experienced by LGBTIQ communities. <p>You can also read Our Watch's infographic Men, intersectionality, and preventing violence against women.</p>
Gender transformative approaches	<p>Refer to Women's Health Victoria's Towards gender transformative change: A guide for practitioners and use the reflective practice questions to guide gender transformative approaches in your initiative.</p>
Strengths-based approaches	<p>Refer to the VicHealth's Framing gender equality: Message guide for ideas to help you construct your own values-based messages that will resonate with your audience to motivate men to become advocates for gender equality and prevention of men's violence against women.</p>

Five guiding principles

Activities and further information

Maintaining accountability to women

Use the exercises from the feminist human rights organisation CREA's handbook *All about power: Understanding social power and power structures* to explore more about power dynamics between practitioners and participants.

Refer to Hewson-Munro and McCook's *Working together with men 2.0* for tools and templates to ensure that prevention initiatives remain accountable to women. Ideas include women's accountability panels and tips for allyhood.

Refer to the MenEngage Alliance's page *Being accountable* for resources, tools and promising practices to help you think about and take action to implement or improve accountability measures in your work with men and boys.

Solutions across all levels of society

Think about how your work complements and reinforces work at other levels of society for collective and whole-of-society approaches to prevention.

Use Our Watch's handbook *Putting the prevention of violence against women into practice: How to change the story* on page 93 to guide a reflection of what level/s of change your initiative will be aimed at, and what proven and promising techniques you will use to implement your actions.

Support is available

Violence against women is widespread across our society and impacts the lives of many people.

If the content in these resources raises any issues for you, the following supports are available:

1800 RESPECT

☎ 1800 737 732 🕒 24-hours 📍 1800respect.org.au

Free national family and domestic violence telephone, online chat, and online video counselling services.

Australian Human Rights Commission National Information Service (NIS)

☎ 1300 656 419 or 02 9284 9888

📍 humanrights.gov.au/complaints

Information and referrals regarding workplace sexual harassment, for individuals and employers.

Men's Referral Service

☎ 1300 766 491 🕒 24-hours 📍 ntv.org.au/mrs

Information and referral for men who are concerned about their use of violent or abusive behaviour.

13 Yarn

☎ 13 92 76 🕒 24-hours 📍 13yarn.org.au

Crisis support for Aboriginal and Torres Strait Islander peoples.

QLife

☎ 1800 184 527

🕒 3pm-midnight, 7 days a week 📍 qlife.org.au

LGBTIQ+ peer support and referrals for people wanting to talk about a range of issues.

Find out more at ourwatch.org.au



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**Our
Watch**
Preventing violence
against women